

# First Congregational Church

## Group Descriptions 2018-2019

### CHILDREN & YOUTH

---

Groups for children birth through age 18.

Acolytes – elementary school aged, process and light the Christ candle prior to worship on Sunday morning

Alleluia Choir – grades K-5<sup>th</sup> with rehearsal on Sunday mornings 10-10:25AM.

Babysitter List – interested in babysitting for church functions and also being on a list for members to contact as needed.

Congo Hoops Basketball – local church league, practices Mondays, 8PM starting in fall

Girls Congo Hoops – local church league, practices Mondays, 8PM starting in March

Harmony Choir – middle school & high school singers with rehearsal on Sundays from 11:35-noon.

JRneys Middle School Youth Group - play games and explore how faith relates to the many issues facing teens, Wednesday evenings

Lord of the Ringers Bells – grades K-8<sup>th</sup>, rehearses Monday 3:55-4:55PM

PF High School Youth Group – meet Sunday evenings at 7PM, opportunities for spiritual retreats, service projects, and work trips.

Puppet Ministry – new group forming through Children's Ministry

Youth Readers – sign-up to read the Call to Worship at one of our Sunday morning services

Youth Steel Drum Band - perform 3-4 times/year and practice on Tuesdays at 5:30pm.

### COMMITTEES

---

Groups who meet to consider, plan, and carryout the work of the church.

Adult Christian Exploration - develops Sunday morning seminar ideas

Children's Ministry - offers activities to families for enhanced spiritual growth

Green Team – work to help us care for God's creation

Technology Team – work with properties to advise on technology updates needed

Welcome Team - looks for visitors on Sunday morning, answers their questions and plan the new member party each spring

### HEALTH MINISTRIES

---

Promote wellness of mind, body & spirit.

Annual Congregational Health Screening – open to everyone

Faith & Flow Yoga – Tuesdays at 10:45am, all levels incorporating Yoga & Christian Spirituality

Flu Shot Clinic

Qigong – balance and harmony with your body's energy, Thursdays 9:30-10:30AM

Tai Chi – gentle exercise to energize you on Tuesdays 9:30-10:30AM

### MINISTRY GROUPS

---

Deepen spiritual exploration and growth through sharing and education.

Bible Study – 6 week bible study sessions throughout the year, meets Thursday, 7PM

Dining for Women - raising awareness of and resources for women in third world countries

Men's Breakfast – second Saturday of the month, 7:45AM, light breakfast, fellowship, & a program

Moms in Faith – Friday mornings, 9-11AM, childcare provided

# First Congregational Church

## Group Descriptions 2018-2019

Parents of Teens – first Wednesday of the month at 7PM, a program or topic connecting faith & parenting teens  
Seek.Pray.Love Book Club – faith exploration through book discussion, meeting times TBD by 10-12 members in the group.

Thursday Women's Book Group – meets Thursdays 9-11AM

Water Color Class – weekly on Wednesdays, open to beginners and experienced painters

Woman's Society - inter-generational group of women that focuses on three things: fellowship, hospitality, and service

### MISSION OPPORTUNITIES

---

First Congo partners with several local, urban, and global organizations. In addition to the financial support these organizations receive from our benevolence funds, several of these organizations need hands-on volunteer support.

Adult Mission Trips – 3-10 day duration

Building Projects – through Rebuild Chicago or similar partners

Local Volunteer Opportunities - might require a weekly or monthly commitment

One Time Mission Opportunities – receive information as these requests come in throughout the year

Refugee Resettlement - Assisting with the resettlement of families who have come to the US as refugees

### MUSIC MINISTRIES

---

Adult musical groups that enhance worship.

Chancel Choir – performs most Sunday mornings during worship and rehearses Wednesdays 7:30-9PM

Spirit Worship Band - performs contemporary sacred and secular music at monthly Sunday evening services

Steel Drum Band – perform 3-4 times/year and practice on Tuesday evenings.

Tower Chimes Bell Choir - rehearses every Tuesday from 9:00-11:15AM and makes monthly appearances in worship

### SERVICE MINISTRIES

---

Serve in the life of the church or in the community.

Altar Flower Delivery – deliver to a member after worship, or on special holidays

Labyrinth Guides - help participants on their prayer walk

Lay Liturgist – occasionally read prayers or scripture for Sunday morning worship

Greeters – occasionally greet on Sunday mornings prior to worship

Office Volunteers – volunteer to help with office tasks as needed

Provide Transportation - for older adults who need assistance getting to church, to doctor's appointments or running errands

Rummage Volunteer – various opportunities at our bi-annual sale in October & April

Sunday School Teacher or Assistant

Ushers – serve on a team for Sunday morning worship

### SUPPORT MINISTRIES

---

Provide care for those in need.

Called to Care - training program for a lay caring ministry

## First Congregational Church Group Descriptions 2018-2019

Caregiver Support Group – new group forming this fall

Congo Cooks - Make meals for members of our congregation as needed

Grief Support Group – formed as needed

Prayer Shawl Ministry - knit prayer shawls while praying for the ones who will receive them

Prayer Team - pray daily for concerns of members shared with the team